

*Freedom Talk*  
**Magazine**  
*The Journal of Truth & Virtue*

*March 2025*

**Dr. Peter McCullough, MD**

*Calling for Market Removal  
of Covid Vaccines*

**Dr. Mark Sherwood, ND**

*Is MAHA the New HAHA?*

**Kelly John Walker, M.S.**

*Crushing Dissent*

**Catalina Stubbe**

*A Stronger, Healthier Future  
Starts With Our Kids*

**Aaron Miller, M.A., M.S.**

*A Mandate for Positive Health*

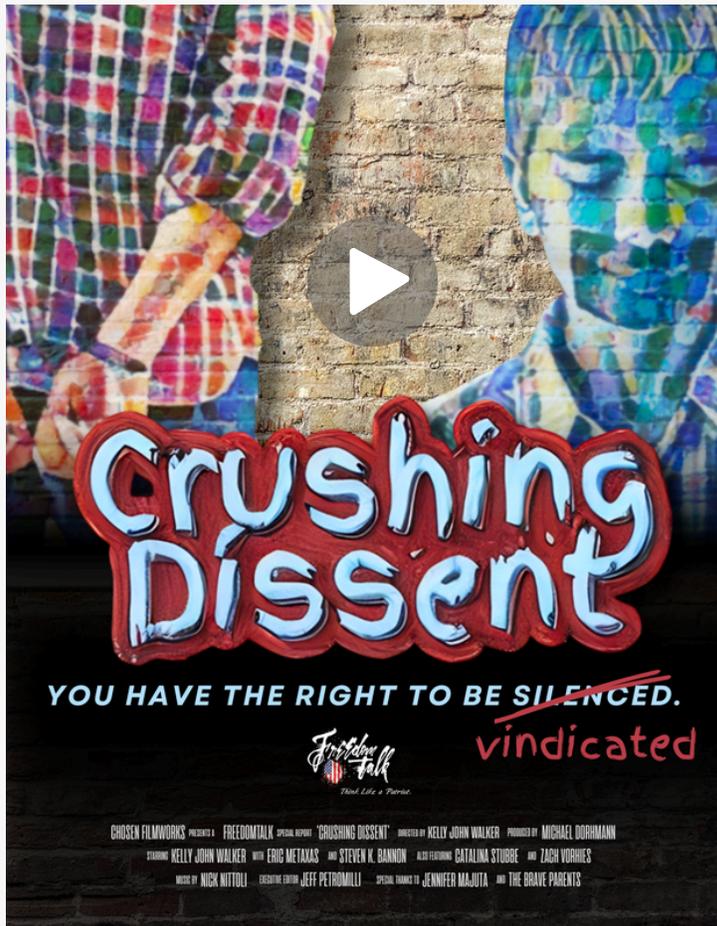


[RealFreedomTalk.com](https://RealFreedomTalk.com)



**LISTEN to the full issue!**

*At Long Last...*



Health has certainly been a massive topic over the last 5 years! From the advent of the pandemic and how it was managed (and mismanaged), to the recent appointment of Robert F. Kennedy as Health and Human Services director under President Trump, our nation is grappling with sorting fact from fiction, truth from propaganda.



Kelly John Walker



This special issue of FreedomTalk Magazine provides crucial insights to inform your understanding. I have led the charge to bring to light the “massive fraud against the American people,” as fourteen state attorneys general called the weaponization of the federal government against school parents. I was “victim #1” of Merrick Garland and the Biden Administrations collaboration with the National School Board Association as well as school boards and superintendents across the country to cover up youth suicide for CDC funding. I encourage you to watch the 90-min Special Report I produced, and read the fact sheet on page 3. This report is headed to the President’s desk. Members of Congress and others are advocating for an Executive Order to provide restitution for these affected families.

**“The welfare of the people has always been the alibi of tyrants, and it provides the further advantage of giving the servants of tyranny a good conscience.” -Albert Camus**

# URGENT: Restoring Parents Targeted by the Weaponized Federal Government

## Problem

Parents nationwide were targeted following a September 29, 2021 letter sent by the National School Board Association to Merrick Garland and Joe Biden. Garland responded with the now infamous October 4 memo devoting federal resources under the Patriot Act and a terrorist threat tag to pursue concerned parents as so-called domestic terrorists.

*The Interim Staff Report of the House Committee on the Judiciary and the Select Subcommittee on the Weaponization of the Federal Government, March 21, 2023, informs the public on "the Biden Administration's use of federal law-enforcement and counterterrorism resources against parents voicing concerns about controversial curricula and education-related policies at local school board meetings."*

American parents and even children have suffered unconstitutional arrest for exercising their First Amendment rights, and for seeking answers to questions deeply affecting their children's education, religious freedom, as well as mental and physical health. A number of parents were denied reasonable answers from taxpayer-supported administrators, and then "trespassed" and arrested as a means of bypassing due accountability to citizens.

This unconscionable abuse has created distress and hardship for affected families and must be prioritized and resolved by the Trump Administration.

“On behalf of families across the nation, we are seeking redress of grievances, accountability, formal apology, and restitution for actions 14 state attorneys general called a ‘massive fraud’ against the American people.” -Kelly John Walker, Coalition Leader

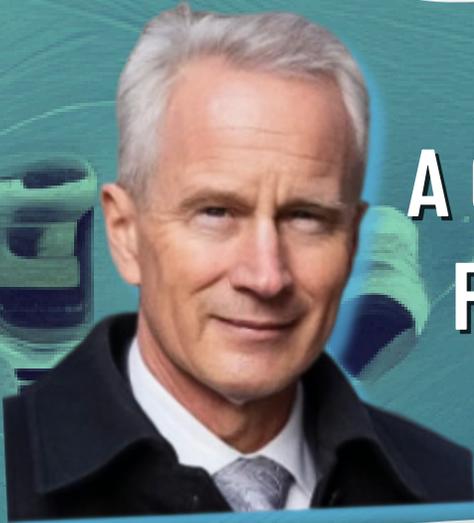
## Solution

Immediate action should be taken to provide assistance and restitution to those families harmed by this weaponization. The following remedial actions are recommended:

- Formal written apology from the Federal government; pressure on collaborating states and cities to do the same.
- Compensation for legal defense fees, lost wages, economic damages incurred by victims.
- Full pardon and record expungement, including federal, state and city misdemeanor and felony convictions.
- Pressure on the Media and Search Engines to retract defamatory content.

“It has come to light, through diligent investigation by Chairman Jim Jordan and the House Judiciary Committee, that the Biden Administration has used the instruments of federal power and combating terrorism as a sword against our citizens who dare to voice concerns at school board meetings. It's unconscionable. Whistleblowers have revealed that the FBI has gone so far as to tag these parents as potential threats. Let me be clear: being a concerned parent is not a crime, and speaking up for your child's future is not an act of terrorism. It is time to reign in federal bureaucracy and prevent the far Left from continuing to target people of faith, conscience, and conservative principles.” Congressman, Andy Ogles (TN)

Kelly John Walker, M.S. • Targeted Parent and Coalition Leader • [REDACTED] • [Kelly@KellyJohnWalker.com](mailto:Kelly@KellyJohnWalker.com)  
[RealFreedomTalk.com/weaponization-against-parents-page](https://RealFreedomTalk.com/weaponization-against-parents-page)



# A GROWING CHORUS CALLING FOR MARKET REMOVAL OF COVID VACCINES

**Dr. Peter McCullough, MD**



A peer-reviewed manuscript from the McCullough Foundation was published in *Science, Public Health Policy and the Law*, calling for all COVID-19 vaccines to be removed from human use.

The largest autopsy study published to date indicates that 73.9% of deaths after vaccination are a direct cause or significantly contributed to by COVID-19 vaccination, demonstrating a high likelihood of a causal link between COVID-19 vaccines and death.

Read the full footnoted report here: [Review: Calls for Market Removal of COVID-19 Vaccines Intensify as Risks Far Outweigh Theoretical Benefits](#)

## **Abstract**

COVID-19 vaccination campaigns around the globe have failed to meet fundamental standards of safety and efficacy, leading to mounting evidence of significant harm. More than 81,000 physicians, scientists, researchers, and concerned citizens, 240 elected government officials, 17 professional public health and physician organizations, 2 State Republican Parties, 17 Republican Party County Committees, and 6 scientific studies from across the world have called for the market withdrawal of COVID-19 vaccines.

As of September 6, 2024, the CDC has documented 19,028 deaths in the United States reported to the Vaccine Adverse Event Reporting System (VAERS) by healthcare professionals or pharmaceutical companies who believe the product is related to the deaths. The total number of COVID-19 vaccine deaths reported to VAERS (37,544 among all participating countries) have far exceeded the recall limits of past vaccine withdrawals by up to 375,340%.

The criteria for an FDA Class I recall, which applies to products with a reasonable probability of causing serious adverse health consequences or death, have been far exceeded. Excess mortality, negative efficacy, widespread DNA contamination, and a lack of demonstrated reduction in transmission, hospitalization, or mortality have undermined the rationale for continued administration. These unified requests for regulatory action underscore substantial shortcomings in data safety monitoring and risk mitigation. Immediate removal of COVID-19 vaccines from the market is essential to prevent further loss of life and ensure next steps are taken for accountability of the harm incurred.

## **Introduction**

The approval of COVID-19 vaccines was based on expedited Emergency Use Authorization (EUA) processes that prioritized addressing the urgent public health crisis posed by SARS-CoV-2. Early randomized controlled trials (RCTs) demonstrated a 95% relative risk reduction in symptomatic COVID-19, a metric that underpinned the decision for widespread rollout [1, 2]. However, these trials present serious methodological concerns [3]. The trials were prematurely terminated, and placebo groups were unblinded, effectively eliminating the ability to assess long-term safety and adverse events. Key subgroups, such as children, pregnant women, and immunocompromised individuals, were excluded, and trial endpoints focused on reducing mild symptoms rather than severe disease or mortality. This design bias limited the ability to evaluate the true risk-benefit profile of the vaccines [3].

The CDC estimated that 70.3% of Americans aged  $\geq 16$  years had contracted COVID-19 by September 2022, using SARS-CoV-2 antibodies as measurement [4]. As of December 1st, 2024, we estimate that at least 90% of the entire U.S. population has contracted COVID-19 illness and has natural immunity to SARS-CoV-2. The CDC reported 1,212,008 fatalities occurring between January 1, 2020, and November 23, 2024, with a positive test for COVID-19 at some point before death [5]. Among those, 94% were above age 50 years. If adjudication was performed by expert clinicians, we estimate that approximately 10% of the total casualty count or 121,200 deaths may have COVID-19 pneumonia as the primary cause of death. Procter et al. have published that 85% of these deaths may have been avoidable with early multidrug protocols started on day 1 at home [6]. Figure 1 shows that, by September 6, 2024, the CDC has recorded 19,028 American COVID-19 vaccine deaths reported to them in the Vaccine Adverse Event Reporting System (VAERS) by healthcare professionals or pharmaceutical companies who believe the product is related to the deaths [7]. Approximately 1175 deaths have occurred on the same day of vaccination, and 1250 deaths on the day following vaccination. The deaths reported in VAERS are estimated to be underreported by a conservative multiplier of 31, based on a comparison between expected serious adverse event (SAE) rates from clinical trials and the observed reports in VAERS [8]. Pfizer's clinical trial data indicated an SAE rate of 0.7%, which, when applied to the 197 million doses of COVID-19 vaccines administered in the U.S. by August 2021, would suggest approximately 1.4 million expected SAEs. However, VAERS documented far fewer cases, leading to the conclusion that only 1 in 31 deaths or serious adverse events is captured in the VAERS system due to its passive reporting nature and known underreporting challenges [8]. This means the American death toll from COVID-19 vaccination may be 589,868 (19,028 x 31). Thus, it is our opinion that more Americans may have died of COVID-19 vaccination than from SARS-CoV-2 infection.

There are greater than 3400 peer reviewed manuscripts in the medical literature concerning fatal and nonfatal COVID-19 vaccine injuries including those recognized by regulatory agencies around the world such as myocarditis, neurologic injury, thrombosis, and immunologic syndromes. Emerging evidence from diverse global datasets indicates patterns of concerning adverse events and mortality trends associated with COVID-19 vaccination campaigns, raising critical questions about risk-benefit balance and long-term safety. Due to these significant concerns, we reviewed the literature for excess mortality, DNA contamination, and negative efficacy associated with COVID-19 vaccines, along with compiling a comprehensive list of all calls for an immediate moratorium. 🇺🇸

### Dr. Peter McCullough

Dr. McCullough is an internist, cardiologist, and epidemiologist managing the cardiovascular complications of both the viral infection and the injuries developing after the COVID-19 vaccine in Dallas, TX, USA. Since the outset of the pandemic, Dr. McCullough has been a leader in the medical response to the COVID-19 disaster and has published "Pathophysiological Basis and Rationale for Early Outpatient Treatment of SARS-CoV-2 (COVID-19) Infection," the first synthesis of sequenced multidrug treatment of ambulatory patients infected with SARS-CoV-2 in the American Journal of Medicine and subsequently updated in Reviews in Cardiovascular Medicine. He has dozens of peer-reviewed publications on the infection and has extensively commented on the medical response to the COVID-19 crisis in TheHill, America Out Loud, NewsMax, One America News, Victory Channel, NTD, and FOX NEWS Channel. Dr. McCullough has testified on pandemic response multiple times in the US Senate, Texas Senate Committee on Health and Human Services, Arizona Senate, Colorado General Assembly, New Hampshire Senate, Pennsylvania Senate, and South Carolina Senate. On December 7, 2022, Dr. McCullough co-moderated a Senate Panel and concluded that all COVID-19 vaccines should be removed from the market for excess mortality. Dr. McCullough has reviewed thousands of reports, participated in scientific congresses, group discussions, and press releases, and has been considered among the world's top experts on COVID-19.

# MAHA

## A Stronger, Freer Future Starts with Our Kids



Catalina Stubbe

*America stands at a crossroads. For too long, we've watched our nation's health slide—obesity rates climbing, chronic diseases multiplying, and a food system more beholden to corporate profits than family well-being. But now, with the renewed push to Make America Healthy Again (MAHA), we're reclaiming our birthright: a robust, self-reliant people ready to lead the world. This isn't just about shedding pounds or cutting sugar—it's about forging a generation of young Americans who'll grow up stronger, sharper, and freer because we dared to prioritize their health today.*

*The vision is simple, rooted in timeless conservative values: personal responsibility, local control, and a government that protects, not panders. Strip away the bureaucratic sludge—ditch the processed junk peddled to our kids, bring back real food in our schools, and let parents, not D.C. desk jockeys, decide what's best. Look at the early wins: Trump's first month back in office has already sparked a fire—talk of slashing subsidies for Big Ag's chemical cocktails and championing farmers who grow clean, American-made produce. That's not just policy; it's a lifeline to a future where our youth aren't shackled by avoidable illness.*

*Imagine the ripple effect. A 10-year-old today, raised on nutrient-rich meals instead of high-fructose garbage, hits adulthood with a clear mind and a body built for hard work. No diabetes slowing him down, no foggy brain from years of ultra-processed sludge. He's ready to innovate, build, and defend this nation—physically and mentally tougher than the last generation, because we chose to invest in him now. Multiply that by millions, and you've got a country that doesn't just survive the 21st century—it dominates it.*

*The left will cry "nanny state," but they're wrong. This isn't about control—it's about empowerment. It's telling Big Pharma and Big Food their reign is over, putting power back in the hands of families and communities. Teach a kid to fish, sure—but first, make sure the water's clean and the fish isn't laced with toxins. That's the MAHA promise: a healthy foundation so our young generation can stand tall, not stoop under the weight of a broken system.*

*Years from now, we'll look back at this moment—when we said no to complacency and yes to vitality—as the spark of a new golden era. Our kids, growing into leaders with stamina and grit, will thank us. They'll inherit an America not just great, but healthy—because we had the guts to fight for their future today. *



# IS MAHA THE NEW HA-HA?

By Mark Sherwood, ND



Is the Making America Healthy Again (MAHA) movement the new HAHA movement? What I mean by that is this: can one really “make” Americans do anything? How does that work when you try to make an adult do something? Isn’t this the land of free choice.

Here are some facts. We’ve always had the choice to eat healthy, be healthy, and live healthy. But have we always made that choice? Apparently **not**. Because even though we’ve been told what is right to do and what is wrong to do, we have chosen to do mostly what is wrong as a country as it pertains to health.

To that end, we are one of, if not the, most unhealthy nations on planet Earth. With the most resources dedicated to “health”, we are as unhealthy in this nation as we’ve ever been in the history of the world. Our crises of obesity, type two diabetes, heart disease, Alzheimer’s disease, cancer, autoimmune disease, etc. are frightening. I will conclude that brief statement with this question, “How is that working for you America?”

Folks, we’ve got to do better. It makes me literally laugh (and cry) when I think about the concept of having the government “make” us do anything. That is not the foundation of our constitutional republic. In reality, there should be education, inspiration, mentorship, and true leadership exemplified from the top down and bottom up. I would love to see our leaders together, collectively eating healthy foods and exercising together. Can you imagine President Trump, Vice President Vance, and Elon Musk doing a live workout on TV (with heavy security of course)? Can you actually even imagine them sitting down or eating a salad with grilled wild caught salmon together and talking about how it’s improving their body composition, strength, and vitality to do their jobs better. Leadership is the key. This is what American needs. We need role models and examples that lay out pathways of improvement.

This idea of “making America healthy again” is indeed a good idea. I will admit that. However, in practicality while being in healthcare for the last 15 years, I can tell you that trying to “make” anybody do anything never works out well.

Personally, we see people get well all the time in our business and profession. It works because our mission statement is “leading people down a pathway of true healing.” Leaders must lead and not just talk. Leaders must do and not just give speeches.

It is incumbent upon every person reading this article and every American to do the following things every day: eat well, sleep well, move well and exercise more, and reduce the exposure to negative social media and social circles. It is also important to find true wellness professionals who will work with you as a partnership to give you information and areas that you don’t necessarily know, those being comprehensive blood labs, DNA, peptides, and supplementation.

This is the recipe for success. Instead of MAHA, let’s move it to LEGO for all – leadership, example, greatness, optimism for all. With this switch, we will see lasting change. This starts with the person staring back at us in the mirror. 🇺🇸

**Dr. Mark Sherwood, ND is a former 24-year police veteran, 10 years SWAT team, 12 years with Power Team, body building champion, former professional baseball player, 2022 Oklahoma gubernatorial candidate, functional medicine expert.**



 **FUNCTIONAL  
MEDICAL INSTITUTE**  
[FMIDR.COM](https://www.fmidr.com)

*I didn't know*

# WHAT I DIDN'T KNOW



I really didn't know much about Robert Kennedy, Jr. until early 2020. I first saw his name mentioned after COVID came out and he popped up on social media speaking out about vaccines.

I was in Hong Kong and had been in China about 100 miles from Wuhan on New Year's Day. That is when the virus in China was first really discussed at the company where I worked. I was part of a risk management team that was keeping an eye on the protests in Hong Kong, and we suddenly decided to also look at what was happening in China related to this strange new virus.

Within three weeks, the Chinese New Year was canceled in Hong Kong and across China, which was unheard of. After that, Hong Kong was virtually shut down.

I watched small businesses and big corporations like the airlines go bust. Dragon Air, a cheaper alternative for flights into and out of Hong Kong went under and many small businesses across Hong Kong shuttered. Within months, I was retiring and returning back to the US.

RFK Jr. raised some issues that I've never heard before. He spoke about how vaccines had increased in number astronomically since we were children. He spoke about how our children were receiving vaccines for chickenpox and the mumps, things that I endured as a child. I began to wonder what was going on.

I learned that the vaccine makers were protected in the United States by congressional actions. They could not be sued for negative responses related to their vaccines while at the same time they were making billions on new vaccines.

RFK Jr. shined the light on these companies and on individuals like Dr. Fauci. These insights led me to consider that perhaps the information we are being told about COVID was not accurate.

In March 2020 I published an article at the Gateway Pundit arguing that the mortality rate claimed by the WHO at 3.4% was way overstated related to COVID. This piece received an immense amount of attention. Those who relied on the fear of COVID attacked me the most. They hated my message because I was right.

This piece led to my move back to the States and ended my decades long career as an international corporate executive overseas.

We've all learned that it takes courage and strength to stand up against lies. We've suffered under a period of dishonesty and horror that the country has never seen before. Now we know that the US was paying entities to censor the truth we were reporting while paying millions of dollars to entities like the BBC, Reuters, Politico and the New York Times to push far-left lies.

No wonder we felt so attacked. The next step had already started with innocents imprisoned for walking in the Capitol or publishing tweets on Twitter. Free speech was ending. The fundamental gift and pillar of freedom was ultimately under attack.

Elon Musk jumped on board. Next, we watched in absolute amazement as RFK Jr. joined the Trump team in its efforts to Make America Great Again. RFK Junior was the perfect fit as he was promoted to Make America Healthy Again.

When he walked on the stage with President Trump, we all knew it was a historical moment. The crowd cheered louder than ever as MAGA joined forces with MAHA.

RFK Jr., President Trump, and all of us have a lot of work to do. We must continue to fight. But we now have the right people in place to make the United States in the world the best they have ever been. 🇺🇸

After spending more than a decade as an international corporate executive, Joe Hoft is now a radio and TV host and an author. As one of "The Hoft Brothers," he also contributes to *The Gateway Pundit*. Find Joe at [JoeHoft.com](http://JoeHoft.com)



## Advertise American Values



We get your business noticed by distributing our premium publication at local establishments around your area.

When you advertise with FreedomTalk, you're helping reseed America's founding values and virtues back into the hearts and minds of our nation. Plus, you're supporting veterans, homeschooling parents, and other patriots who work for us. Our ads and advertorials are affordable for small businesses, and our content comes from the nation's leading thinkers.



Tell us about your business and let's start getting you more of it!  
RealFreedomTalk@gmail.com • (541) 419-9976

Find out more at [www.warmhearth.us](http://www.warmhearth.us)  
Follow on Instagram: @thewarmhearthbakes

# The Two Most Basic of All Constitutional Principles



In the classic 1987 fantasy adventure comedy film, *The Princess Bride*, Count Rugen at one point counsels the odious Prince Humperdinck to “Get some rest. If you haven’t got your health, then you haven’t got anything.” As much as I loved the film, personal experience during the “pandemic” taught me that Count Rugen was wrong—health along with everything else should be secondary to our freedom of choice.

On one occasion, for example, I entered an eating establishment in Scottsdale, Arizona to pick up my take-out order. Upon seeing my naked facial features, the cashier immediately shoved a mask towards me while giving me an unsolicited direct order to don the thing as it dangled from her unprotected, fleshy fingers. Scanning the room, I verbally observed that all the other restaurant patrons were sitting down at their tables without facial coverings less than six feet away. She merely noted the necessity for eating without a face covering to which I responded—“So, the virus will only attack me if I’m standing up?”

She made no attempt to mask her exasperation with me, and once again demanded my compliance or else I would be forced to wait outside on the sidewalk where they would bring me my order. I realized that she was in control of the food which I had already paid for online, so I saw no other option but to refuse her demands and go stand outside in the triple-digit heat. As I turned to leave, I noticed a line of rather annoyed, mask-wearing patrons had formed behind me. Relieved that I was finally taking my insolence elsewhere, they all quickly paraded to the front in order to present themselves as individuals who knew and understood the political truths about mandated mask-wearing.

This was not a singular experience for me as I was literally chased down and kicked out of various local establishments throughout the pandemic because I refused to cover my face with a useless, bacteria-ridden, piece of cloth. I also refused their experimental gene therapies, their lockdowns, and their social distancing. I refused to succumb to their fear tactics, and I refused to accept their political truths. I refused mainly because their lockdowns and mandates violated the two most basic of all constitutional principles.

The first principle is one that many people get confused about much of the time. The national government was created by the people who gave it a “few and defined” powers beyond which it cannot operate, and not the other way around—i.e., we are not subjects of a national government which dispenses to us our rights. Madison explained it this way—“The powers delegated by the proposed Constitution to the federal government are few and defined.”[1]



In other words, if the power is not written down, the national government does not have it, which means the national government had absolutely no power to mandate poisonous jabs, face masks or lockdowns because those powers are not provided for in our Constitution no matter how important they felt it was to protect our health.

Yet, at one point, Mr. Biden became so infuriated with some of us that his patience began “wearing thin.” Apparently, there were too many people who refused to take the experimental gene therapy clot shot. At that particular time, in September of 2021, there were still 80 million of us who had not taken their experimental jab.

This might sound like a big number, but it only represents about 22% of the entire U.S. population,[2] which means that 78% of us had already complied with the unconstitutional mandates and had handed over their freedom of choice to the government. Unfortunately, the percentage just kept going up. By April 26, 2023, around 81.3 percent of the U.S. population had received at least one dose of a COVID-19 vaccination.[3] By that same time, the percentage of compliance for people in my age group had reached a staggering 94%.[4]

Joe’s response to the unruly bunch of noncompliant rebels was to continue to try and crush their right to choose even more. He “issue[d] an emergency rule requiring all employers with 100 or more employees to ensure their workforce is fully vaccinated or require any unvaccinated workers to produce a negative Covid test at least once a week.”[5] Of course, he claimed that all of this was done to protect you and your health in spite of the fact that declaring an emergency is most definitely NOT one of the “few and defined” powers listed in our Constitution.

The word “emergency” nor any derivation of it cannot be found anywhere in the Constitution. Yet, the national government operated the entire time under the guise of emergency powers during the “pandemic.” Under the Constitution, the national government has NO authority to declare an emergency, and they clearly have NO authority to take away your freedom of choice in matters of your health. Next time the government wants to force you to do something, please, go back and read the Constitution to see if they actually have the power to do it. If not, ignore them. It’s the 1776 thing to do.

The second basic principle that the national government exercised during the “pandemic” violated what Madison declared as the one and only sacred maxim of free government. If this maxim is ignored, he explained, nothing else in government matters because there will always be tyranny and a complete loss of freedom without it.

This sacred maxim is simply “that the legislative, executive, and judiciary departments ought to be separate and distinct.”[1] We often refer to this sacred maxim as the doctrine of the Separation of Powers. Simply put, this doctrine means that the Congress makes the rules, the executive enforces the rules, and the courts interpret those rules.

By declaring his emergency and then establishing his own emergency rules, Mr. Biden was violating that sacred maxim. He had no power as the executive to make any rule let alone during a so-called emergency. Yet, that was what he did throughout the “pandemic” telling us when and where we could shop, worship, work, play, and what health choices we had to make. Whether or not they call it a law or a rule, it is still legislating, and that power belongs exclusively to the legislative branch, i.e., the Congress.

Madison went on to say that adherence to this sacred maxim is the only safeguard to liberty—“The accumulation of all powers, legislative, executive, and judiciary, in the same hands, whether of one, a few, or many, and whether hereditary, self-appointed, or elective, may justly be pronounced the very definition of tyranny.”[2] Now you know what they were actually trying to accomplish during the “pandemic.” It had absolutely nothing to do with our health but everything to do with establishing a tyrannical form of government.

No matter what they say, no matter how they say it, no matter how clever they present it, and no matter how much they use fear to try and scare you into submission, you must always remember that the impious doctrine of the Old World, which was the tyranny of monarchies, lacked these two key ingredients upon which our U.S. Constitution was founded: 1. Few and Defined Powers; and 2. The Separation of Powers. No freedom of choice can exist without these two fundamental principles of government.

When government discards these two principles in favor of some perceived emergency, they only want to impose tyranny. Do NOT believe anything they say ever again in their so-called emergencies. Never comply again with their unconstitutional mandates. 🇺🇸

*Madame Publius.*

# PANDEMIC ABUSE

Lockdown-related domestic violence and abuse



**Note:** This article was originally published in 2020

The direct health impacts of COVID-19 are now, unfortunately, well understood. The novel coronavirus that first hit China early this year spread worldwide, infecting approximately 20 million people and killing more than 730,000. (By comparison, past pandemic initial death tolls included 1 million: 1968 influenza pandemic, 2 million: 1956 Asian flu, 20-50 million 1918 Spanish flu.)

Even as the scientific community scrambles to develop treatments and vaccines to mitigate the virus, societies worldwide are also coming to grips with a multitude of other downstream impacts of the pandemic—increased poverty and economic hardship, increased mental health challenges, and deferred care on critical medical conditions.

Recently, yet another negative spinoff effect of shutdowns and quarantines has been noted by researchers—and experts say doctors and dentists may have a somewhat unexpected role to play in helping address the problem.

Just a couple of months into the pandemic, researchers, medical professionals and public health officials began warning of a troubling rise in domestic violence and abuse, first in China, then in Europe, and eventually to all corners of the globe. The spike in incidents—which was tied to lockdown restrictions that left women and children isolated with abusive partners and parents—was so dramatic that the United Nations put out a statement calling on all governments to “put women's safety first” in the pandemic response.

That call came in April, but the pandemic continues, as does ever-growing concern about this new global health challenge. As was noted in June by researchers writing in the *British Dental Journal*, the myriad disruptions caused by COVID-19 are all driving this spike in abuse.

# pandemic abuse Continued

"Children are particularly at risk in the 'pressure cooker' of family life in isolation without the usual external oversight of teachers, general medical practitioners and others," the researchers wrote. "There has been international recognition of the unintended negative consequences of the COVID-19 global pandemic management measures, including a spike in [domestic violence] along with psychological health risks, loneliness, school closure, economic vulnerability and job losses."

The limitations that COVID-19 has placed on dental practices have also contributed to this growing issue, the researchers noted. Governments worldwide put lockdown restrictions in place, many of which limited access to dental care. While those limits were problematic from a dental health and hygiene perspective, they also removed from the front lines another important group of professionals: dentists and their staff members, who, like teachers, could have otherwise been playing a critical role in identifying and reporting cases of domestic violence or abuse.

Now, as restrictions to dental practice loosen, industry leaders are calling on dentists to embrace precisely that role, and to be vigilant and focused in their efforts to help stop this worrying trend.

As the British research team wrote, by the nature of their work, dentists are "well placed to observe and identify injuries to the head, eyes, ears, neck, face, mouth and teeth"—all signs of domestic violence and abuse. And though they conceded that some dentists may be uncomfortable inquiring about suspicious injuries, they also wrote that if dental professionals fail to ask patients difficult questions, "they will be doing little to help the patient who is experiencing [domestic abuse or violence]."

"Early intervention and referral to a DVA advocate can prevent an abusive situation becoming worse with more intense violence," they wrote. "It can save lives."

Indeed, additional studies have come to the same conclusion—even dating to the days before the pandemic. A 2019 article in the *Journal of Aggression, Maltreatment and Trauma*, for instance, concluded that because, "as much as 75 percent of head and neck trauma associated with domestic violence occurs with oral injury," dentists were in the "unique position to be the first line of defense in identifying evidence of assault, and then reporting potential cases of domestic violence."

A clear hurdle to dentists playing this kind of active role is a general lack of training about domestic violence in the industry. The researchers acknowledged that challenge, but like the British team, emphasized that it is essential for dentists to step up, perhaps now more than ever. They called for additional training for all in the industry, and encouraged industry leaders to continue efforts to raise awareness about the issue going forward.

Authors: Kelly Walker is a senior writer and editor who has written content for myriad publications, as well as copywriting for marketing & advertising. Contributing writer Timothy Hyland has more than 20 years' experience as a writer, reporter, and editor. His work has also appeared in *Fast Company*, *Roll Call*, *Philadelphia Business Journal*, and *The Washington Times*. 



Magazine  
January 2025  
DISPLAY COPY  
PLEASE DON'T REMOVE

The Renaissance of Truth

SCAN ME

*Truth in your inbox.*  
Subscribe for just \$5/mo. RealFreedomTalk.com

# DANIEL'S BARBERSHOP ON THE SQUARE

QUALITY HAIRCUTS  
AFFORDABLE PRICE

(931) 223-8421

25 PUBLIC SQUARE COLUMBIA, TN

Google ★★★★★

# TRUTH-TELLER WATCH LIST!

Letter to the American Church  
Eric Metaxas

Religionless Christianity  
God's Answer to Evil  
Eric Metaxas

**EricMetaxas.com**

**THE CLASSICALLY  
CHLOE SHOW**  
**ClassicallyChloe.com**

**THE JOE HOFT SHOW**  
**JoeHoft.com**

**The Perez Sisters  
CAFECITO BREAK**  
**CafecitoBreak.org**

**CATALINA STUBBE**  
**Rumble.com/CatalinaStubbe**

**THE  
SENTINEL  
REPORT**  
Alex Newman  
M/W/F 8-9pm CT  
**Rumble.com/LibertySentinel**

SCAN ME

**SUBSCRIBE FOR JUST \$5/MO**

# A Mandate for Positive Health

Donald J. Trump was once again propelled to the highest office in the free world on November 5th, 2024. As the days passed, the world learned and slowly processed the magnitude of his victory: a Republican majority in the House of Representatives. A Republican majority in the Senate. A pluralistic mandate from the American people—something that hasn't happened to a Republican candidate in decades—meaning that the American populace has full-throatedly expressed their preference—nay, their demand—for President Trump himself and for the policies that he promised to enact. The importance of this cannot be understated.

Among others, the Make America Healthy Again movement, known as MAHA among proponents and critics alike, is shorthand for throwing popular support of all kinds behind, most prominently, Robert F. Kennedy Jr. and the plethora of somewhat less high-visibility, but perhaps longer-standing, influencers in the organic, all-natural, and vaccine-skeptical movements. Self-declared Crunchy Moms, Instagram influencers warning against the dangers of artificial chemicals, medical doctors exposing previously subdued or censored research on vaccines, followers of the American Treasure that is Alex Jones and his apocalyptic warnings about homosexual amphibians, and many others rallied around RFK Jr.'s message. This message of course, is popularly interpreted as taking a closer look at, or outright banishing, the dark influences of large pharmaceutical corporations, food processing firms, and similarly humongous companies. Those that wield the power of dark money and lobbyists in Washington DC to maximize the profit of their clients at the cost of poisoning the American people are in the crosshairs. Several fundamental truths underlie the mantra of making Americans healthy again.

American political discourse has become more heated and gained far more attention than ever before in the last two decades, and this has created an artificial lens through which the majority of Americans view their world. One can run an internet search for “is (blank) racist?” and they will be able to find results from prominent news sources, influencers, or think tanks assuring them that the answer is a resounding “yes!” However, this lens cuts both ways, and indeed, the otherwise opposing narratives often travel in hilariously parallel ways. For example, there has been a rash of articles in the mainstream media over the last several years unironically and breathlessly decrying exercise as a fast-track to becoming right-wing. Of course, there is science to back this up: research indicates that regular exercise does have a strong correlation with right-wing beliefs. Whether it be due to inherent values within the individual predisposing a strong exercise regime or whether working out actually makes one right-wing remains to be seen (although the latter brings with it a whole raft of additional questions), as the science isn't “settled” yet. But it is obvious that bodily exercise leads to higher rates of positive mental and physical health, and apparently, meritocracy, discipline, and common sense.

Socrates, in his own way, recognized this connection as well. Xenophon cites Socrates as once stating, “It is a shame for a man to grow old without seeing the beauty and strength of which his body is capable.” Perhaps even more telling is the most famous of Socrates' students, Plato, positing that, “In order for man to succeed in life, God provided him with two means: education and physical activity. Not separately, one for the soul and the other for the body, but for the two together. With these means, man can attain perfection.” In this way, Plato himself was able to succinctly tie together the importance of both physical and intellectual exercise and the obvious health benefits that accompany it. The prescience and, conversely, timelessness of such advice is obvious, if we choose to recognize it.

More pragmatically, one must consider the importance of remaining healthy for a reason that is simply presented in one word: family. One does not simply owe it to themselves to remain healthy in the full-spectrum sense; they owe it to those around them, to their families, and to their communities. The building of these individual and generational habits of valuing fitness will have long-ranging and positive consequences for our nation. Far more importantly, there is a spiritual (and, to a lesser extent, philosophical) component to maintaining good health. Christian Scripture is rife with verses in which God and His disciples remind Believers to be physically fit for the glory of themselves and their families, to be able to spread the Gospel effectively, and to benefit the coming Kingdom.

Honestly, if these reasons—whether they be personal, familial, spiritual, or philosophical—are not enough to sway one towards pushing towards greater degrees of positive health, if not outright supporting the greater MAHA movement, then there are none that can help them.

Health decisions are personal, but it is only through the individual decision of hundreds of millions that America will rise above decades of health-related tyranny that has been occurring under their very noses and with their tax dollars. 



Aaron T. Miller is a County Commissioner, veteran, and doctoral candidate living in Tennessee with his wife and children. Finding a love of learning after a fifteen-year career in the US Air Force, he holds a BA in Political Science, an MA in International Affairs, an MS in Management, and is pursuing a doctorate in Public Administration. With a storied history in political involvement, he's always looking for new organizations to help within the Liberty movement. When he isn't studying or debating policy, he's spending time with his family, organizing grassroots efforts across the State, or acting as a consultant for local candidates and organizers nationwide.

Kelly Walker worked as Senior Writer and Editor-in-Chief for a national medical/dental education company. He witnessed the purposeful suppression of the lifesaving potential of therapeutics like hydroxychloroquine and ivermectin by professionals, including a colleague of Fauci. "I witnessed a crime against humanity in this politically motivated coverup," he says. Take a look at some of his documentation and decide for yourself.

# THE COVID COVERUP

## Hydroxychloroquine (Plaquenil): Purported Mechanism of Action



- Hydroxychloroquine increases the pH inside the endosome
- pH needs to be low for the protease to work to release the virus from the endosome
- By maintaining a high pH, the virus would not be released and therefore cannot replicate

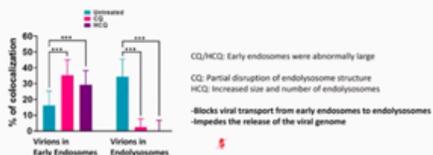
Before Trump endorsed HCO (left side)



Dr. Leslie Fang

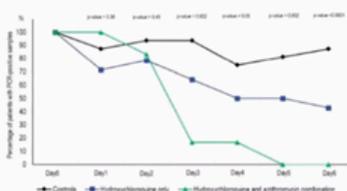
Two weeks later (after Trump endorsed) (right side)

Hydroxychloroquine, a less toxic derivative of chloroquine, is effective in inhibiting SARS-CoV-2 infection in vitro



Two days later, Breitbart and The Blaze wrote glowing articles about chloroquine.

## Hydroxychloroquine and azithromycin as a treatment of COVID-19: an open-label non-randomized clinical trial



16 Control Patients  
 26 received HCO  
 6 patients lost to f/u (4 were still PCR positive)  
 3 transferred to the ICU (+)  
 1 stopped due to nausea (+)  
 1 died day three (-)  
 1 left the hospital (-)

\*Of the 20 remaining HCO patients, 6 also received azithromycin

## Hydroxychloroquine (Plaquenil): Side Effects

- Macular damage: all patients have baseline eye exam and follow up eye exam every 6 months (hopefully not applicable to short term use of drug, even if it is at a high dose)
- Cardiac toxicity: prolongation of QT interval

## Hydroxychloroquine (Plaquenil): Randomized Trial in China



- 62 patients: 31 control and 31 treated with 5 days of Hydroxychloroquine
- Time to clinical recovery significantly shorter
- Shorter duration of fever and cough
- Improvement of pneumonia
  - 80.6% (25/32) in treated group
  - 54.8% (17 of 32) in control group
- 4 patients progressed to severe disease, all were in the control group
- 2 patients with mild adverse effect from treatment

## French expert says second study shows malaria drug helps fight coronavirus



Issued on: 29/05/2020 - 14:48  
 Modified: 29/05/2020 - 14:47



What's more, most patients cleared the virus in three to six days rather than the 20 days observed in China. That reduces the time a patient can spread the virus to others. One lesson that should inform the U.S. approach: Use this treatment cocktail early, and don't wait until a patient is on a ventilator in the intensive-care unit.

## Hydroxychloroquine Is Ineffective In Treatment Of Patients Hospitalized With Covid-19, According To Small Controlled Trial From Shanghai

William A. Haseltine Contributor

Dr. Kevin Tracey, president and CEO of the Feinstein Institutes for Medical Research in New York City, gave an even more pointed assessment of the French research.



Related Article: CDC removes guidance on drugs touted by Trump to treat coronavirus

"The study was a complete failure," he said.



Dr. Michael Silverman

# HISTORY'S MOST INTREPID



Life lessons from the most face-meltingly awesome leaders of all time



We all know Abraham Lincoln emancipated the slaves, gave speeches that could make you weep faster than an 80's hair band power ballad, and apparently moonlighted as a vampire hunter. We'd all agree that no one rocked the stovepipe hat like Abe—not even that Monopoly guy! But let's focus on just one aspect of Abe's greatness: even with a string of noodlehead generals screwing things up in every imaginable way—like some sort of cross between Mr. Bean and that guy from "The Gods Must Be Crazy"—he still led Union forces to victory.

But the most flippin' unreal thing is that his rock-solid Commander-in-Chiefy six-pack Abe abs held the intestinal fortitude required to lead with no combat experience—just a few months in a local militia. When poser generals tucked tail and ran, he grabbed the helm with his 5.14d, kung-fu grip and steered the battleship to victory. (Oh, yeah...and those guys Grant and Sherman did some stuff too.)

What made a civilian president such an effective wartime leader? Abe saw the big picture, not the minutiae, and gained support for the war with masterfully crafted language that resonated with a nation. (Grant's military skills, on the other hand, did not translate well in his later presidency.)

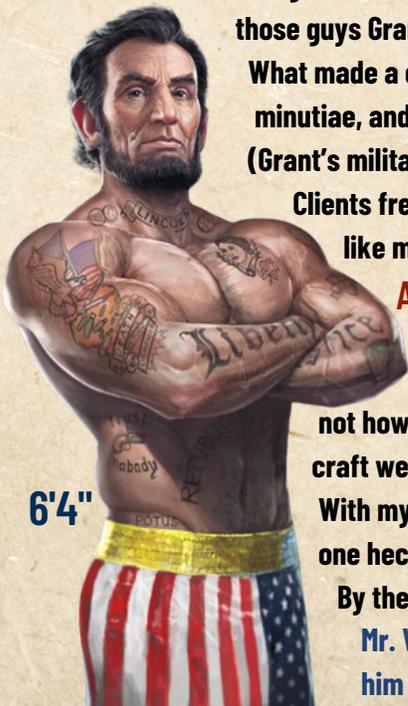
Clients frequently ask how I can communicate their "rocket science" to the masses. A skilled writer like me is the perfect sort of person to do it—and, yes, I've actually worked with a rocket scientist.

## Abe was an excellent athlete known for deadlifting.

Sometimes, a business owner may not be speaking the language of the customer—even if they think they are. You know what you want to say, just not how to say it. But, as an objective professional, I know my writing and branding craft well, and I have the mojo to get the business-specific information I need. With my marketing chocolate and your professional peanut butter, we make one heck of a mouth-watering core message that consumers can't resist.

By the way, he's Abe Lincoln and he approves of this message. 🇺🇸

Mr. Walker is a massive MAHA marketing monster. If you'd like to hire him for Creative Strategy, Copywriting, Branding, etc., email [RealFreedomTalk@gmail.com](mailto:RealFreedomTalk@gmail.com)



6'4"



6'4"

According to Jim Gaffigan, rocket scientists say, "It's not like...talking to women!"